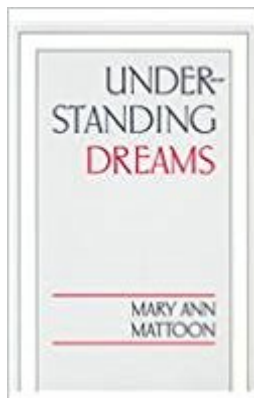


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# Understanding Dreams



## Synopsis

A clear, comprehensive presentation of Jung's method of dream interpretation for a practical way to interpret your own.

## Book Information

Paperback: 264 pages

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## Customer Reviews

I like this book a lot. Unlike many books, it sticks to the subject. Also, Mary Ann Mattoon has a lot to say about how to interpret dreams a la Jung. I found it interesting that she is not an intuitive type but a thinking type, which, I thought, made her approach and even writing style distinctive - as a thinking type is not the typical Jungian. She covers the subject of dreams in depth. Don't expect her to give you a list of dream items that each means a specific thing. Jungian dream analysis doesn't work like that. But you will be very helped in interpreting your dreams by learning Jung's approach, as here. Mary Ann Mattoon has spent many years applying it and also developing some variations of her own. A good, interesting book.

Recommended by John Betts, this book is essentially the author's PHD research. It is easy to read, professional, and would help further research of Jung's collected works.

Quick, affordable and as described. It was exactly what I was looking for and in good condition. I am pleased.

I took a course in Jungian dream analysis at the graduate level, and this book was fortunately the

book for the course. I also personally met Dr Mattoon near the end of her life when I was doing post-doctoral work in Minnesota on my way to becoming a clinical psychologist. She was a wonderful, old school Midwest presence and scholar, and she explained in her book and to me how her thinking type personality focused on aggregating the far-flung aspects of dream interpretation in Jung's writing. It was fascinating to hear her stories of being one of the first female students when she went to the Jung Institute in Switzerland. I recorded a long interview with her which I am attempting to place into the library of one of the Jung Institutes.

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